



PURSUIT Adult Day Program

NORTHWEST SPECIAL RECREATION ASSOCIATION
(NWSRA)

CLEARBROOK



PURSUIT Mission: To provide opportunities for continued growth for adults with disabilities through recreation and leisure activities that are fulfilling and enriching.



Clearbrook Organizational Background

Clearbrook is committed to being a leader in creating innovative opportunities, services and supports to people with disabilities.

Clearbrook serves people over a range of ages and disabilities from children diagnosed with developmental delays at birth to the unique needs of seniors with disabilities and all ages in between.

Clearbrook Services & Programs

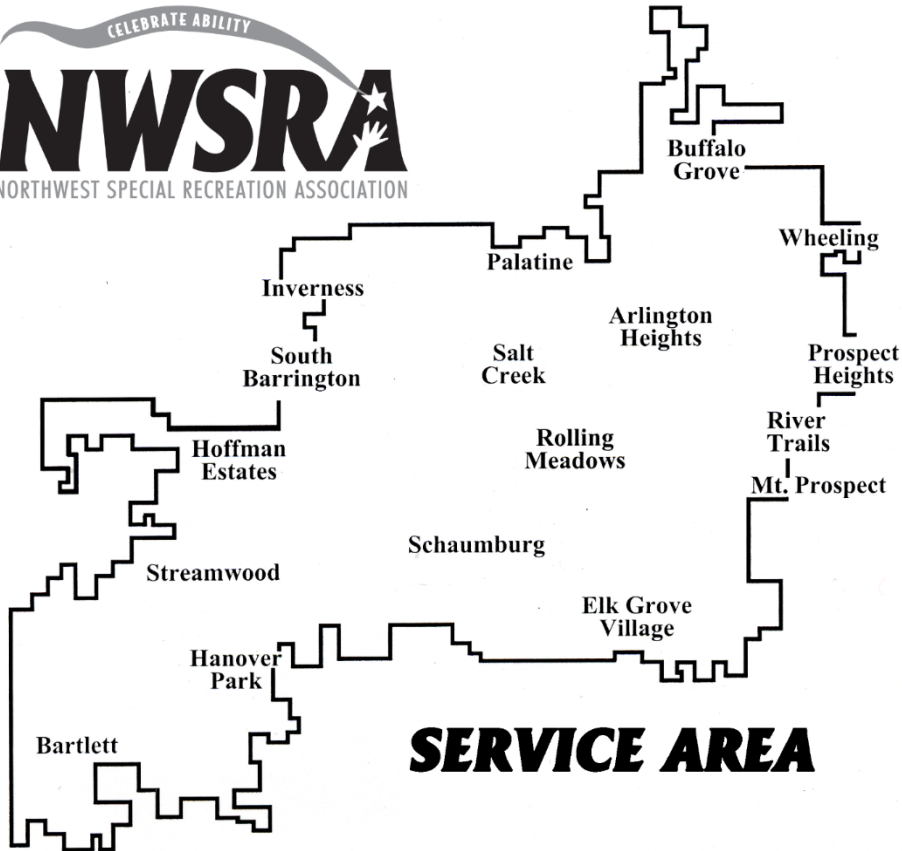
- Over 6,000 individuals and their families supported
- Services within 13 counties and over 160 communities
- Over 50 locations throughout Chicago and the suburbs

Clearbrook is the largest provider of home-based services in Illinois

NWSRA Organizational Background

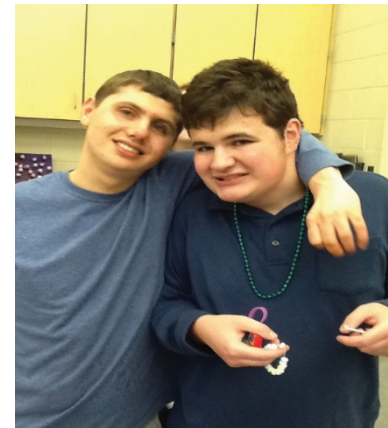
The Northwest Special Recreation Association (NWSRA) was founded in 1974 and is the largest provider of recreational services for children and adults with disabilities in the state of Illinois. As an extension of 17 park districts throughout the northwest suburbs, NWSRA offers public access, and year round recreational programming to individuals with disabilities in its service area.





NWSRA Services & Programs

- Over **6,000** individuals served
- Over **13,400** registrations annually
- Over **450** individuals included within Member Districts
- Over **2,000** inclusion opportunities within Member Districts



The Collaborative

In 2014 Clearbrook and NWSRA agencies joined forces to collaborate on programming.

Both agencies have equal input in program design and develop measurable outcomes to determine the effectiveness of the collaborative programs.

With mutual missions to provide innovative opportunities for individuals with disabilities Clearbrook and NWSRA create a beneficial environment for the agencies' respective clientele.



Current collaboratives:

PURSUIT - Adult Day Program

STAR Academy - Aftercare program for elementary students to 21



What models are out there for Adult Day Programs?

- ▶ The Special Recreation Association Independently runs the program:
 - ▶ Full day
 - ▶ Drop in
 - ▶ A couple days a week
- ▶ The Special Recreation Association partners with a private non profit agency
- ▶ The Special Recreation Association collaborates with Disability/Lifespan Services Agency (PURSUIT)

Why Collaborate?

Pros

- ▶ Efficiency
- ▶ Expanding Resources
- ▶ Increasing Opportunities
- ▶ Effectively Managing costs
- ▶ Strengths of staff to enrich the services
- ▶ Certified Therapeutic Recreation Specialists (CTRS) and the Therapeutic Recreation model
- ▶ Medicaid Waiver fund use
- ▶ Training
- ▶ State recognized program

What is the PURSUIT Adult Day Program

The PURSUIT Adult Day Program is designed to meet the needs of individuals with disabilities 21 years and older throughout the year by creating recreation and leisure opportunities, improving health and wellness, teaching life skills, self-advocacy, and community integration.

The PURSUIT Adult Day Program is certified by the Department of Human Services Division of Development Disabilities. Clearbrook and NWSRA agencies will have equal input in program design and will develop measurable outcomes to determine the effectiveness of the program.

PURSUIT Locations



The PURSUIT Adult Day Programs are housed at NWSRA Member Park Districts within the NWSRA programming spaces.

PURSUIT Rolling Meadows (Rolling Meadows Community Center)
3705 Pheasant Drive, Rolling Meadows, Illinois 60008.

PURSUIT Hanover Park (Hanover Park Community Center)
1919 Walnut Ave, Hanover Park, Illinois 60133

PURSUIT Mount Prospect (Mount Prospect Community Center)
1000 W. Central Road. Mount Prospect, Illinois 60056

The Mission:

To provide opportunities for continued growth for adults with disabilities through recreation and leisure activities that are fulfilling and enriching. The PURSUIT Program is structured around four core elements:

- ▶ Recreation and Leisure
- ▶ Skills and Self Advocacy
- ▶ Community Integration
- ▶ Health and Wellness



The Vision:

To be a leading force providing adult day programming options to enrich the life experiences of the adult participants and their families in the communities we serve.



Recreation & Leisure

- ▶ Developing gross and fine motor skills
- ▶ Experiencing cultural arts (dance, drama, arts and music)
- ▶ Participating in passive and active sporting activities
- ▶ Learning outdoor awareness

Skills & Self Advocacy

- ▶ Expanding communication skills
- ▶ Promoting human rights and self advocacy
- ▶ Enhancing socialization skills
- ▶ Developing technology skills

Community Integration

- ▶ Participating in local service projects
- ▶ Experiencing group outings and activities
- ▶ Exploring community resources
- ▶ Gaining vocational skills through volunteer experiences

Health & Wellness

- ▶ Setting and maintaining fitness goals
- ▶ Encouraging healthy eating habits
- ▶ Developing a positive body image
- ▶ Learning to cook nutritious snacks and meals
- ▶ Promoting a balanced lifestyle

Eligibility

1. Admission is continuous throughout the year, subject to availability.
2. Participants must be at least 21 years old, have a disability, and apply through Clearbrook.
3. A two week trial will be initiated following the initial intake assessment in order to determine eligibility and needs.



Program Size and Staff Ratio

Program Size

- The PURSUIT Program serves up to 21 clients on a daily basis at each site
- Total clients served: around 35 per site

Staffing

- The budget determines the amount that can be allocated for staffing
 - Clearbrook and NWSRA look at the maximum number of clients that can safely participate in the program and maintain financial sustainability for both agencies
 - The staffing for PURSUIT is established prior to client's assessments and possible trials
 - The PURSUIT staff work closely with families during the client's assessment and trial period to determine if their young adult's needs and safety can be met within the established staffing

Hand Outs

- NWSRA Brochures
- NWSRA Fact Sheet
- PURSUIT Brochure
- PURSUIT Schedule Example
- PURSUIT Application Process
- Frequently Asked Questions
- STAR Academy Flyer
- Sensory Room Pamphlet
- NWSRA is always hiring



Contact Information



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PURSUIT ROLLING MEADOWS

Rolling Meadows Community Center

3705 Pheasant Drive

Rolling Meadows, IL 60008

COORDINATOR

Erica Stanko, CPRP, QIDP, DSP

Collaborative Coordinator (Rolling Meadows)

ericas@nwsra.org

847/392-2848

Contact Information



PURSUIT HANOVER PARK

Hanover Park Community Center

1919 Walnut Avenue

Hanover Park, IL 60133

COORDINATOR

Trisha Palmieri, CTRS, QIDP, DSP

Collaborative Coordinator (Hanover Park)

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PURSUIT MOUNT PROSPECT

Mt. Prospect Central Community Center

1000 West Central Road

Mount Prospect, IL 60056

COORDINATOR

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Collaborative Coordinator (Mt. Prospect)

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Come see us after the presentation to get on the interest list, to set up a tour, or for any specific questions.