

# Understanding Supportive Housing and How to get it

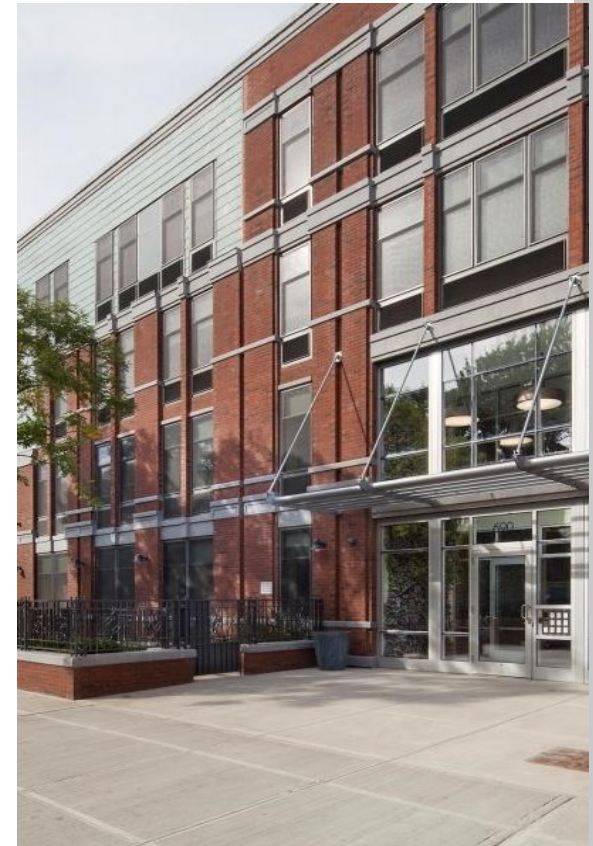
2018



Improve lives of  
vulnerable people



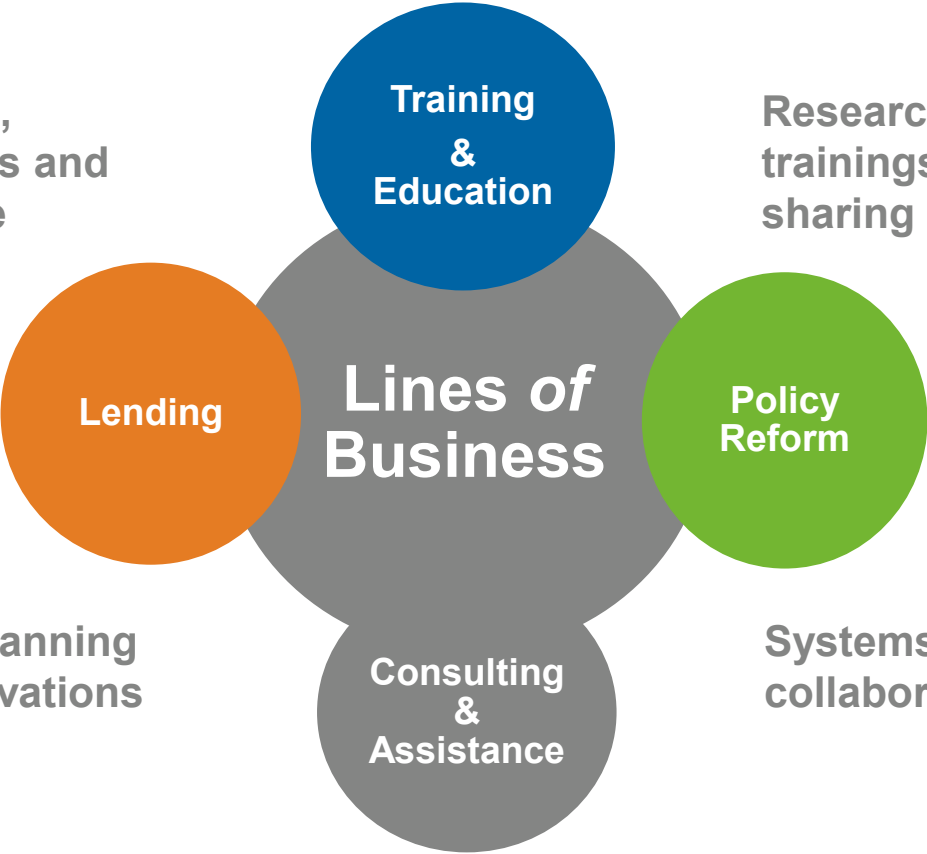
Maximize  
public resources



Build strong,  
healthy communities

# What We Do

Powerful capital funds,  
specialty loan products and  
development expertise



Research-backed tools,  
trainings and knowledge  
sharing

Custom community planning  
and cutting-edge innovations

Systems reform, policy  
collaboration and advocacy

Illinois Self-  
Advocacy  
Alliance

*Position  
Statement*

“We want Illinois to create a disability service system where supports and services are controlled by us – the individuals who receive them.

We want opportunities.  
We want freedom.  
We want choices.”

# Today's Time Together

**Why are we here?**

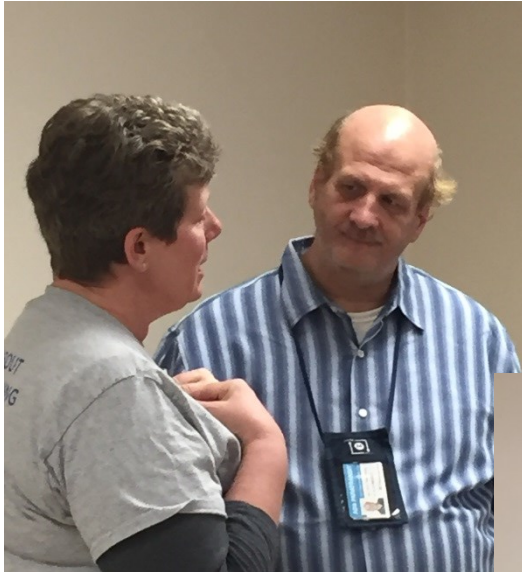
**What is Supportive Housing?**

**How to Get Supportive Housing**

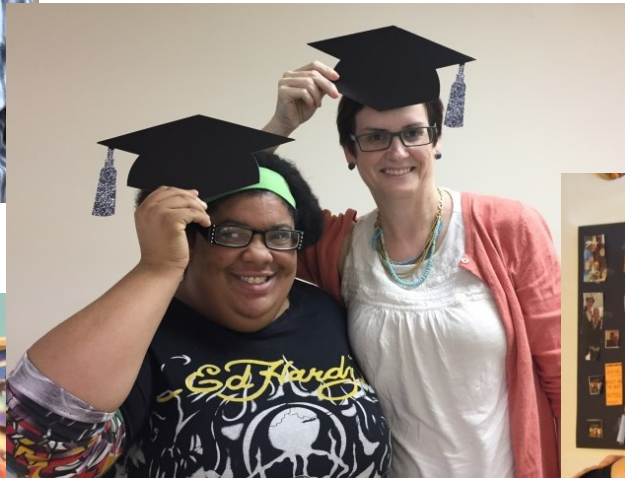
**Learning From Experts!**

**Why are we here?**

# Why are we here?



Illinois Council on  
**Developmental  
Disabilities**



This product was developed under an investment from the Illinois Council on Developmental Disabilities.



# Why are we here?

STUDENT NAME: \_\_\_\_\_ DATE OF MEETING: \_\_\_\_\_  
**INDIVIDUALIZED EDUCATION PROGRAM (CONFERENCE SUMMARY REPORT)**  
 DATE OF MOST RECENT EVALUATION: \_\_\_\_\_ DATE OF NEXT REEVALUATION: \_\_\_\_\_

**PURPOSE OF CONFERENCE (Check all that apply)**

Review of Existing Data     Reevaluation     IEP Review/Revision     FBA/BIP     C  
 Initial Evaluation/Eligibility     Initial IEP     Secondary Transition     Manifestation Determination

**STUDENT IDENTIFICATION INFORMATION**

STUDENT'S ADDRESS (Street, City, State, Zip Code) \_\_\_\_\_ STUDENT'S DATE OF BIRTH \_\_\_\_\_

MALE    ETHNICITY \_\_\_\_\_    LANGUAGE/MODE OF COMMUNICATION USED BY STUDENT \_\_\_\_\_    CURRENT GRADE LEVEL \_\_\_\_\_  
 FEMALE

PLACEMENT (To be completed after placement determination)    DISABILITY(S) \_\_\_\_\_  
 Yes     No    Placement is in Resident School

RESIDENT DISTRICT \_\_\_\_\_ RESIDENT SCHOOL \_\_\_\_\_

**PLACEMENT**

SERVING DISTRICT \_\_\_\_\_ SERVING SCHOOL \_\_\_\_\_

**PARENT INFORMATION**

(1) PARENT'S NAME     EDUCATIONAL SURROGATE PARENT

(1) PARENTS ADDRESS (Street, City, State, Zip Code) \_\_\_\_\_

(1) PARENT'S \_\_\_\_\_



State of Illinois  
 Department of Human Services - Division of Developmental Disabilities

## PERSONAL PLAN

**Please refer to the Person Centered Planning Policy and Guideline Manual prior to completing this form.**

Name: \_\_\_\_\_  
 ISC Agency Name: \_\_\_\_\_  
 ISC Phone Number: \_\_\_\_\_  
 ISC Contact Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
 ISC Email Address: \_\_\_\_\_

### Check type of Plan:

- Initial - No previous Plan developed for DD Waiver Services.
- Annual - The annual Plan for individuals who are enrolled in services and currently have a Plan in place
- Revision - A change in the individual's preferences, desires, abilities or support needs changed, therefore prompting a change in the Plan

### If the person is seeking supports, please indicate type(s):

- |                                                              |                                                                                            |
|--------------------------------------------------------------|--------------------------------------------------------------------------------------------|
| <input type="checkbox"/> 24-Hour Stabilization Services      | <input type="checkbox"/> Home Accessibility Modifications                                  |
| <input type="checkbox"/> Adaptive Equipment                  | <input type="checkbox"/> Home Based Supports                                               |
| <input type="checkbox"/> Adult Day Care                      | <input type="checkbox"/> Individual Service & Support Advocacy                             |
| <input type="checkbox"/> Assistive Technology                | <input type="checkbox"/> Non-Medical Transportation (HBS only)                             |
| <input type="checkbox"/> At-Home Day Program                 | <input type="checkbox"/> Occupational Therapy                                              |
| <input type="checkbox"/> Behavior Intervention and Treatment | <input type="checkbox"/> Personal Support                                                  |
| <input type="checkbox"/> Behavioral Counseling               | <input type="checkbox"/> Physical Therapy                                                  |
| <input type="checkbox"/> Child Group Home                    | <input type="checkbox"/> Psychotherapy                                                     |
| <input type="checkbox"/> CILA - 24 Hour                      | <input type="checkbox"/> Self Direction Assistance (HBS only)                              |
| <input type="checkbox"/> CILA - Family                       | <input type="checkbox"/> Skilled Nursing (HBS only)                                        |
| <input type="checkbox"/> CILA - Host Family                  | <input type="checkbox"/> Speech Therapy                                                    |
| <input type="checkbox"/> CILA - Intermittent                 | <input type="checkbox"/> Supported Employment                                              |
| <input type="checkbox"/> Community Day Services              | <input type="checkbox"/> Temporary Assistance (HBS only)                                   |
| <input type="checkbox"/> Community Living Facility           | <input type="checkbox"/> Training and Counseling Services for Unpaid Caregivers (HBS only) |
| <input type="checkbox"/> Emergency Home Response Services    | <input type="checkbox"/> Vehicle Modification                                              |



State of Illinois  
 Department of Human Services - Division of Developmental Disabilities

## DISCOVERY TOOL

**(Please refer to the Person Centered Planning Policy and Guideline Manual prior to completing this form.)**

**Individual's Identifying Information**

Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
 Preferred Name: \_\_\_\_\_  
 Phone Number: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Emergency Contact Name: \_\_\_\_\_  
 Emergency Contact Address: \_\_\_\_\_

**Current Service Providers (if this is an annual review of the Plan):**

\_\_\_\_\_

### General Information: (Check the applicable status)

- Initial Assessment - No previous Plan developed for DD Waiver Services.
- Annual Review - The annual Plan for individuals who are enrolled in DD Waiver services and currently have a Plan in place.
- Revision - A change in the individual's preferences, desires, abilities or support needs.



# **What is Supportive Housing?**

# One Family's Story



**Phyllis, Tom and Frank**

**Link to the video:**

<https://www.youtube.com/watch?v=opgmyPX7rdI>

# **What is Supportive Housing?**

# What is Supportive Housing?

Supportive housing is affordable and has services that help people live with stability, independence, choice, and dignity.



**This can be  
supportive  
housing**





**And this can be  
supportive  
housing too!**

## A Quick Summary

### **Supportive Housing is a long term home.**

- Must have a lease and be affordable
- In a neighborhood like anyone else
- Live alone or with a roommate they choose
- Must have services

### **Supportive Housing is NOT**

- Residential Program, Group Home, Institution or Nursing Home

## LEASE

1. I pay my rent on the 1st of the month.



2. I will keep my house clean. I will not break things in my home.



3. I will follow the rules in my building.



4. My visitors must go home.



By signing below , I am agreeing to follow the rules.

Signature:

Date:

## Must have a lease

- Self-Advocate signs a lease and must follow rules
- Can live there for a long time
- Self-Advocate can live alone or with a roommate they choose





## Is Affordable



- Doesn't cost all of someone's money
- People in Supportive Housing pay 30% of their income in rent
- Example: someone has \$733 from SSI. Their rent would be about \$220 per month

# **How to get Affordable Housing to develop Customized Housing with Supports?**

# Accessing Affordable Housing

Get on the Statewide Referral Network(SRN)

- Independent Service Coordination (ISC)
- Providers



**AND**

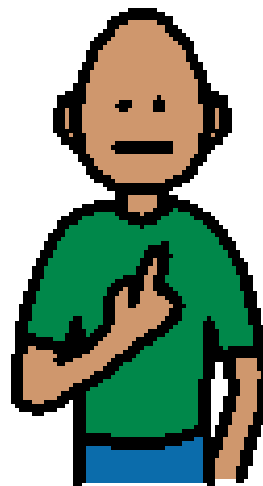
Apply through the local Public Housing Authority

**AND**

Use <http://www.ilhousingsearch.org> to identify affordable housing in your area. (60% AMI)

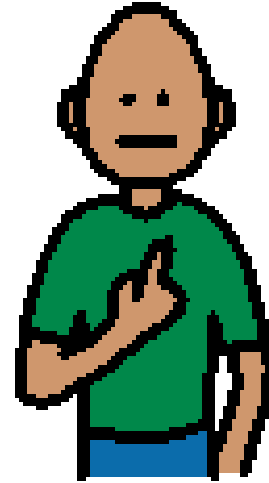


## **Home is a Consistency (Not a Program)**



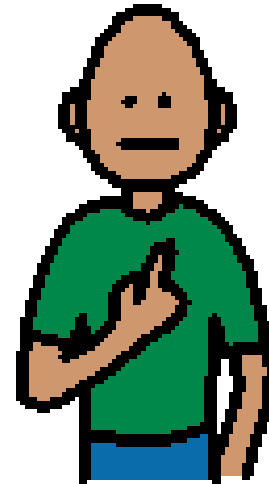
- Adjusting to others in a group home is really hard.
- Setting up patterns in your own home is safer and easier for many people.

# We all must have some support Services



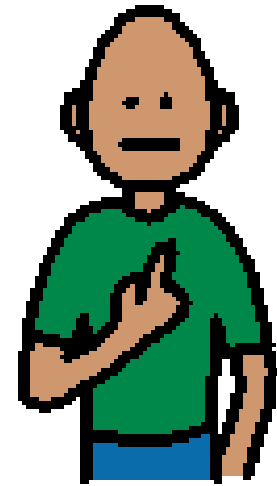
- Sometimes people need help with reminders, bills, medication, daily activities, or following rules of the lease
- Supportive Housing is for anyone who needs some help in their housing
- People can find patterns and routines in their own place and often need less supervision and more complicated targeted support.

## **We all must have some support Services**



- 24 Hour support is expensive and usually will come only to a group setting.
- A Home-Based Support can work supplemented by a Micro-Board and natural support.
- Occasional or intermittent support is often enough with practice and some gradual withdrawal of support.
- Parents can begin to practice that withdrawal of supervision at home.
- What can a person do on their own?

## **We all must have some support Services**



- That is the process of developing an individualized Personalized Support and Transition Plan.
- Help the individual set a goal with choices.
- Start now with the school and keep planning.
- Break down the responsibilities into smaller more manageable tasks.
- Use Assistive Technology ideas to assist in reminders, emergency contacts, and as a way to provide protection during the transition to independence.

# Welcome to Edwardsville!

The May building was created through many efforts and collaboration of self advocates, families, Division of Developmental Disabilities, State Housing Coordinator Lore Baker, Madison County Housing Authority, Trinity Inc., Ligas Family Advocate Program and Developmental Disabilities Services Metro East!

<https://www.youtube.com/watch?v=DnSif-y-YqU>





# **How to get Customized Support Services in your Affordable Housing?**

# Choices in Services, Waiting for Services...

1. Self advocates should have choices in what services they want. Services are Person-Centered and flexible.



2. The self-advocate, their family, their staff, and the landlord all talk to each other. Staff can help talk to the landlord.



3. Self-Advocates want to live in neighborhoods and go places just like everyone else!



# Types of Support Through Medicaid & the State and Other Sources

1. DD Services – Long Waiting List - Waiver
2. DORS Services – Waiting List - Waiver
3. DMH Services – An Entitlement – State Plan – Must have correct diagnosis for some services
4. Senior Services – Start at Age 55 sometimes
5. In Home Health – A fight with insurance
6. Natural Supports
7. Private Pay

# Types of Service Support within the DD System – Long Waits - PUNS

1. Intermittent CILA
2. Home Based
  - Parents/Family/Guardian hire support people
  - Self-Advocate hires support people
3. Natural Supports
4. Private Pay

# Planning for Services

In Supportive Housing the individual must have a funding source for services to go with their housing



## SERVICE MODELS IN SUPPORTIVE HOUSING

### Intermittent CILA

- Less than 24/7
- Provider agency hires support
- Providers must be able to offer services only
- Self-Advocate keeps public benefit (SSI)

### Home Based Support Services

- Funding for services is 3 times SSI amount
- Self-Advocate or family hires support
- Home based funding and natural supports must meet service needs
- Self-Advocate keeps public benefit (SSI)

### Traditional Licensed 24/7 CILA

- Some provider agencies have been able to provide services in apartments through the licensed 24/7 supervision model
- Must explore possibility with provider agency

# Creating Supportive Housing: Opportunities

- More people with I/DD asking for supportive housing will drive system to create more
- More providers offer supports only (Intermittent CILA)
- Better rates and more flexibility in how funding is used
- Providers collaborate with local PHA and Housing Developers to create new Supportive Housing Developments in your community



Housing is the  
beginning...not the end.



# Learning From Experts



# Welcome to Edwardsville!

The May building was created through many efforts and collaboration of self advocates, families, Division of Developmental Disabilities, State Housing Coordinator Lore Baker, Madison County Housing Authority, Trinity Inc., Ligas Family Advocate Program and Developmental Disabilities Services Metro East!



**Let's watch a video!**

<https://www.youtube.com/watch?v=DnSif-yYqU>

# Annie's Home



Annie lives in Central Illinois. She is a self-advocate, and has been wanting a place of her own for a long time!

Here is Annie's Story!:

## Digital Books

Annie Gets Her Own Apartment

- <http://online.flipbuilder.com/sjol/jmzn/>
- Everybody Worries About Me
- <http://online.flipbuilder.com/sjol/lxar/>

# Annie's Home

Annie learned a lot before moving to supportive housing. She learned about:

- Safety
- Having a lease
- What it was like to have less staff around all the time
- Asking for help
- Having more choices
- Paying bills

# Supportive Housing Coffee Talk

Join a conference call to ask questions!

Email Julie for future schedule!

To join, call 1-866-840-0048

When you are asked for a conference code, enter the number 2168105#.



# Contact Information

For more info: <http://www.csh.org/integration>

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John Fallon, CSH Senior Program Manager

Phone: (312) 332-6690 ext. 2821

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# Videos and Resources

## CSH

[www.csh.org/](http://www.csh.org/)

## VIDEOS

<https://www.youtube.com/user/CSHVidz/>

- Phyllis Gets Her Own Life, and So Does Her Son
- A Choice to Succeed
- Creating Choice
- Adam Cooper: Presentation at CSH Summit
- Tom's Journey: A life and home like any other
- Designer George Braddock: Creating Person Centered Homes Part 1 of 4 (entire series is on YouTube)
- An Option for Community Living

# Videos and Resources

## VIDEO

It's My Home!

Created By Open Future Learning

- <https://www.youtube.com/watch?v=lrXmOHadkU4>

## Digital Books

- Annie Gets Her Own Apartment
  - <http://online.flipbuilder.com/sjol/jmzn/>
- Everybody Worries About Me
  - <http://online.flipbuilder.com/sjol/lxar/>

## Videos and Resources

### PDF Resources

Housing & People with Disabilities: Myth and Truth

- [https://gallery.mailchimp.com/d477f3e2e075003c9d2f335a3/files/3a1c5178-d321-4276-a1dd-a48ebce3a674/Myth\\_and\\_Truth.pdf](https://gallery.mailchimp.com/d477f3e2e075003c9d2f335a3/files/3a1c5178-d321-4276-a1dd-a48ebce3a674/Myth_and_Truth.pdf)

Supportive Housing for Persons with Intellectual and Developmental Disabilities

- <http://www.csh.org/wp-content/uploads/2016/10/IDD-September-2017.pdf>

Supportive Housing Models Integrated Toolkit

- <http://www.csh.org/supportive-housing-integrated-models-toolkit/>

Supportive Housing Workbook for Adults with Intellectual and Developmental Disabilities & their Families

- <http://www.csh.org/wp-content/uploads/2016/03/IDD-Family-Supportive-Housing-Workbook.pdf>



# Understanding the Illinois IDD System

- **CQL Illinois Know Your Options Movie (Traditional CILA Options) -**  
<https://www.youtube.com/watch?v=mXTvGa4n054>
- **Personal Outcomes Measure – Interviewing for Goal Setting -**  
<https://www.youtube.com/watch?v=8pz5K3ZiUvY>
- **Choose Your Personal Goals -**  
<https://www.youtube.com/watch?v=34nCIAFItX4>
- **Understanding Community Mapping & Options -**  
[https://www.youtube.com/watch?v=XgteC3UICmM&list=PL\\_6PLdSIhcvNH5yyg2gLsCpjf6eCtcXsY](https://www.youtube.com/watch?v=XgteC3UICmM&list=PL_6PLdSIhcvNH5yyg2gLsCpjf6eCtcXsY)

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# THANK YOU!

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**stay connected**



**csb.org**