Complete this chart with the activities your student is currently doing that you would like them to continue after age 22 or exiting school. Then consider all the supports and costs involved now and with making the activity sustainable past age 22. This should become a working tool that your family uses to begin building a week filled with activities that are meaningful to your student. Make the Day Matter: Week at a Glance Laurie Jerue & Cyndi Perez

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|   | **Activities**Job Training, Working, Hobby or Recreation, Exercising, Volunteering, Classes | **Supports**Accommodations, Ongoing or intermittent Job Coach, Transportation, Assistive Tech, Natural Supports , Personal Support Worker(PSW) | **Sustainability / Action Steps**Is this an activity you would like to continue after age 22? What is needed for it to be sustainable? | **Cost**Consider all potential costs involved: transportation, PSW or job coach, membership fees | **Payment**What money / funding will be used to pay any costs involved? DD Waiver, DRS Waiver, Private Pay, Savings, Parent as Volunteer/ Driver/Coach? |
| **Mon.** Morning |  |   |   |   |   |
| **Mon.** Afternoon |   |   |   |   |   |
| **Mon.** Evening |   |   |   |   |   |
| **Tues.** Morning |   |   |   |   |   |
| **Tues.** Afternoon |   |   |   |   |   |
| **Tues.** Evening |   |   |   |   |   |
| **Wed.** Morning |   |   |   |   |   |
| **Wed.** Afternoon |   |   |   |   |   |
| **Wed.** Evening |   |   |   |   |   |
| **Thurs.** Morning |   |   |   |   |   |
| **Thurs.** Afternoon |   |   |   |   |   |
| **Thurs.** Evening |   |   |   |   |   |
| **Fri.** Morning |   |   |   |   |   |
| **Fri.** Afternoon |   |   |   |   |  |
| **Fri.**  Evening |   |  |   |   |  |