Transition: Moving from School to Adulthood

The following is a timeline for students, parents, and professional serving students with disabilities. By clicking on each age group, you will find a useful list of information for young adults and parents to review to help with transition at every age.

This guide is intended to provide information that is applicable to "most" young adults. However, individual needs, developmental levels and circumstances vary. Parental/Guardian involvement and young adults input is highly recommended in all phases of transition planning.

Guideline put together by the Illinois Department of Human Services/ Division of Rehabilitation Services.