

Adapted Physical Education

Why

We believe all students should have the opportunity to develop the skills that enhance physical fitness and wellness and a physically active lifestyle. Services are provided through consultation to and in collaboration with educational teams that support students in the general PE environment.

Focus

The emphasis of adapted physical education is to facilitate participation of students with disabilities with typically developing peers in age-appropriate activities. Adapted physical education is often provided in conjunction with the general PE program with consultation with general education PE teachers. Consultation may include adaptations or program modifications to address the individual needs of students in their PE program.

Who We Are

Our NSSEO Adapted Physical Education program consists of highly qualified teachers with approval in the area of Adapted Physical education. Adapted Physical Education Teachers participate in and present at workshops and conferences in this specialized area of education.

SERVICES

- Direct services
- Consultative services
- Coaching
- Collaboration with the general PE staff
- Assessment of the individual/environment